

Homeless Advisory Services and Support

The agencies listed on these sheets provide supports to homeless people. These supports range from initial advice to ongoing support in finding accommodation.

Assertive Outreach Service

Assists individuals, families and communities in reducing the harms caused by alcohol and drug use. Works with adult drug users, recovering/ stabilised drug users, families and community residents.

Sligo: Cranmore Co-op, 087 787 8355
darrenobriencranmore@gmail.com or
Northside Resource Centre, 087 2208602
markaskeynorthside@gmail.com

Donegal: 24, The Courtyard, Lower Main St,
Letterkenny, Co. Donegal
086 775 2142 or maryechealy@gmail.com
Leitrim: Rossinver Youth & Community Project, 087
701 0520, 071 984 4909, damienrycp@gmail.com

AWARE

Provides support & information for people who experience depression or bipolar disorder and their concerned loved ones. Contact:
supportmail@aware.ie or Freephone 1800 80 48 48.

CDP START Project

Providing non-judgemental support, guidance and education to drug/alcohol users, their families, and the community, enabling them to cope with the effects of drug and alcohol use in their everyday lives. Contact 086 7752142 or 074 9125796.

CE Drugs Rehabilitation Project Sligo, Leitrim and Donegal

Provide a number of community employment positions for individuals recovering from substance misuse.

Sligo: 071 914 9895 or
catherine@sligosocialservices.ie
Donegal: 086 826 2330 or cdpccerehab@gmail.com
Leitrim: rossinvercerehabilitation@gmail.com or
071 9832962

Citizens Information Centre

Provide face to face, free, impartial and confidential information, advice and advocacy.

Sligo: Unit 3 & 4, Bridgewater House, Rockwood
Parade, Sligo. 076 107 6390 or sligo@citinfo.ie
Donegal: A number of CIC Centres operate in
Donegal, contact details for all centres available at
<http://www.citizensinformation.ie>

Community Welfare Service

Department of Social Protection provides Rent Supplement and other social welfare supports.

Sligo: 071 9157100 or 071 9148200
Donegal: 074 9740050 or 074 9160460
Leitrim: 071 9650070 or 071 9820030

Dochas Club

The Dochas Clubhouse is a resource for individuals experiencing mental ill health, supporting members to access employment, educational and social opportunities.

Millbrook, JFK Parade, Sligo.
071 914 0283 or dochasclub@yahoo.co.uk

Donegal Women's Domestic Violence Service

Provides help to women and children who suffer, or have suffered from, physical, mental/ psychological, sexual or economic abuse within an intimate relationship. 1800 262 677 or ddvs@eircom.net

Domestic Violence Advocacy Service DVAS

DVAS provide support to women who experience domestic abuse and other forms of gender based violence. Provide two Safe Houses that offer crisis accommodation for women and children out of home because of domestic violence.

071 914 1515 or infodvas@eircom.net

Family Life Centres

Works to combat disadvantage and improve the functioning of the family. Find your nearest centre at www.tusla.ie.

Focus Ireland

Works with people who are homeless or at risk of becoming homeless. Contact: help@focusireland.ie or 071 914 9974 or 071 914 9970

HSE Mental Health Services

The HSE provide a range of support, and therapeutic services which can be accessed through a GP. A full list of services can be found at:

Sligo/Leitrim & West Cavan
<https://www.hse.ie/eng/services/list/1/lho/sligo-leitrim/mental-health-services/>

Donegal
<https://www.hse.ie/eng/services/list/1/lho/donegal/mental-health-services/>

HSE Alcohol & Substance Misuse Service (Sligo, Leitrim, Sth. Donegal, West Cavan)

Assessment, treatment, support, aftercare, for individuals whose lives are affected by alcohol, illicit drugs, prescribed and over the counter medications.

Sligo/Leitrim: 071 9143316 or
michael.goodman@hse.ie
Donegal: 074 912 8769 / 0860498300 or
addictionsservice@hse.ie

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MABS

Money advice and budgeting service

Sligo: sligo@mabs.ie or 076 1072730

Donegal: letterkenny@mabs.ie (076 1072460) or southdonegal@mabs.ie (076 1072480)

Leitrim: ballinamore@mabs.ie or 076 1072630

Website: www.mabs.ie

Mental Health Ireland

Promotes positive mental health and wellbeing to all individuals and communities in Ireland with a network of 92 Mental Health Associations throughout the country, all led by volunteers. Details of local associations can be found at <http://www.mentalhealthireland.ie/local-associations/>

National Learning Network

Provides flexible training and support services for people who need specialist support (job seekers, unemployed, people with an illness or disability).

Sligo: sligo@nln.ie or 071 9145391

Donegal: letterkenny@nln.ie or 074 9168288

Leitrim: carrickonshannon@nln.ie or 071 9650693 or manorhamilton@nln.ie or 071 9855921

North Leitrim Women's Centre

Supports women of all ages, cultures and religions through the provision of information, education, healthcare screening and social networking.

Bee Park Centre, Manorhamilton, Co. Leitrim
info@northleitrimwomenscentre.ie or 071 985 6220.

North West Regional Drugs & Alcohol Task Force

Respond to illicit drug use & underage drinking.

Contact: drugtaskforce@nwdrugtaskforce.ie or 071 9151520 or the website at www.nwdrugtaskforce.ie

Northwest Simon

Works with those at risk of homelessness in counties Donegal, Leitrim and Sligo.

Sligo: 071 914 7522

Donegal: 074 912 1613

Pieta House

Pieta House provides a free, therapeutic approach to people who are in suicidal distress, those who engage in self harm; and support to those who have been bereaved by suicide.

24 Hr Freecall suicide helpline 1800 247 247 or text HELP to 51444

Find suicide bereavement centres at www.pieta.ie

Sligo Social Services

Work with individuals, families and communities to achieve long-term, sustainable improvements in their quality of life.

info@sligosocialservices.ie

Homeless Services contact 0719161688

Substance Misuse Support contact 071 914 5682 or 085 803 0131

Housing Liaison Worker contact 071 914 5682 or 085 8713559

Sligo Leitrim Directory of Services

Provides comprehensive details of services available to children, young people and families in Sligo and Leitrim. <http://www.sligoleitrimdirectory.ie/Contact:yicsligo.ncycs@gmail.com>

Sligo Youth Information Centre

Free, comprehensive and confidential service to young people and those who work with them, including accommodation information.

Contact: yicsligo.ncycs@gmail.com or 0719144150

St. Vincent de Paul

Provide practical approach to dealing with poverty, alleviating its effects on individuals and families. Local Conferences offer direct, personal assistance that is non-judgmental and based on the need of the individual or family.

The Diamond, Raphoe, Donegal

074 917 3933 or info.northwest@svp.ie

All SVP Conferences, and areas visited in Sligo, Leitrim, & Donegal can be found at www.svp.ie

S.T.E.E.R Housing Association

A charitable housing association providing general needs housing for people throughout Ireland. We currently manage over 200 homes nationwide from offices in Letterkenny, Co. Donegal. Court Manor House, Justice Walsh Road, Letterkenny, Co Donegal, F92DYC4. Telephone 074-91-77311; email: info@steerhousing.com

Threshold

Work to secure a right to housing, particularly for households experiencing the problems of poverty and exclusion. Tenancy Protection Service-National Helpline 1800 454 454

Tusla Duty Social Work

If you need to report a concern about a child or need to discuss a concern regarding safety or welfare of a child.

Sligo/ Leitrim: 071 9155133

Donegal: 074 49123672